



57th Street Chiropractic

"Live Your Life Without Limits"

Per the Governor's guidance, essential businesses may remain open. This includes healthcare facilities and doctor's offices, making chiropractic essential business. Now more than ever, New Yorkers need chiropractic conservative care expertise. Whether this is addressing acute musculoskeletal conditions so these individuals don't end up contributing to the overload at the hospitals or urgent care centers, or perhaps for a nurse or first responder so they can continue their frontline service, the Mayor called for all health care professionals regardless of background to work together. That is why our office will remain open and is taking all the recommended CDC and DOH regulations (masks and gloves and sanitation of surfaces for your protection and ours).

Dr. Joe is not coming in to NYC for a while as he cares for his aging parents and Dr. Rubinstein will cover all shifts. We will be mostly closed on Fridays but available for emergencies by calling Dr. Rubinstein's cell phone (917) 319-7454 after hours or the main office during regular hours (212) 977-7094.

Please be responsible if you have fever over 100 degrees, sore throat and cough and are not feeling well, please speak to us before you schedule.

During the next several weeks the new hours will be:

Monday 9am-1pm 3:30pm -5pm

Tuesday 10am-1pm and 3:30pm-7pm

Wednesday 9am-1pm 3:30pm -5pm

Thursday 9am-1pm and 3:30pm-7pm

Fridays will be by appointment only

Please call if you need Friday or a time not listed - we should be able to accommodate you. We are limiting staff and decreased office visit density to comply with the most recent mandates so please be patient and we will work together to serve our community and our city and do our best to keep us all healthy and safe.

Yours in health,

Dr. Gregg D. Rubinstein

57th St. Family Chiropractic Wellness Center

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